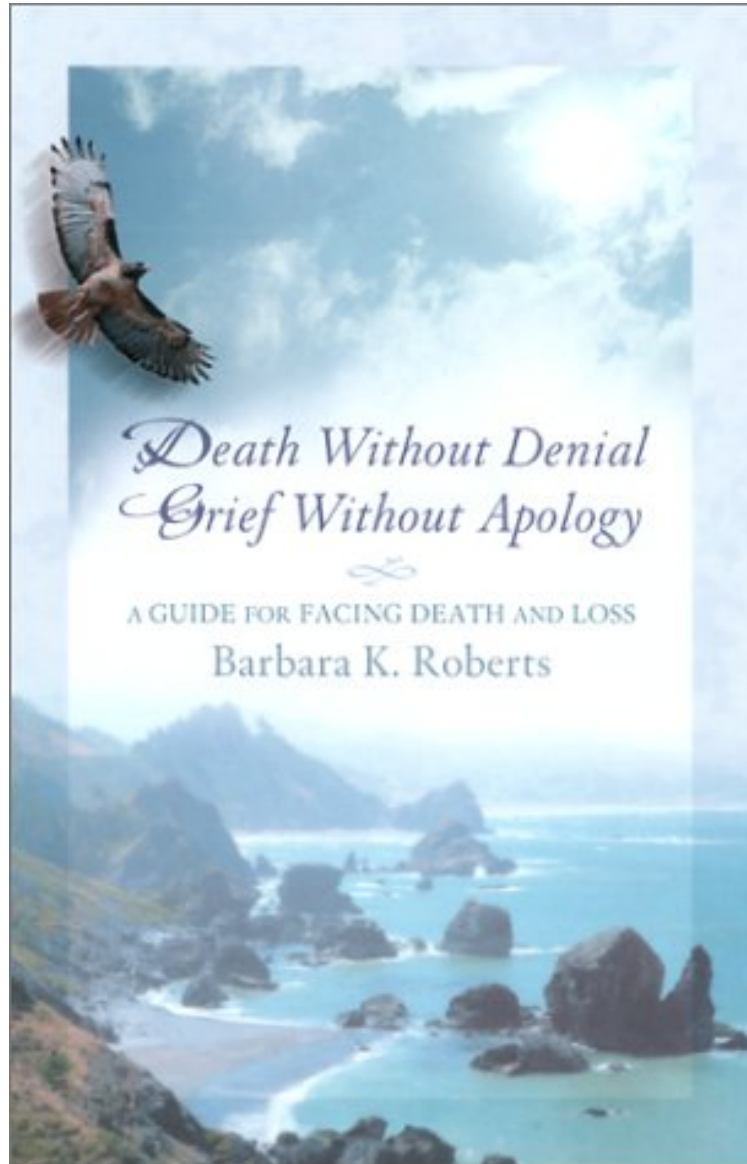


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Death Without Denial, Grief Without Apology: A Guide for Facing Death and Loss

Barbara K. Roberts, Ann Jackson
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When former Oregon Governor Barbara Roberts' husband, Frank Roberts, was dying from lung cancer, she had to look inside of herself as well as beyond herself to find ways to survive what felt unbearable. What Barbara Roberts learned during the final year of her husband's life, and her subsequent years of grieving, fill the pages of this honest and inspiring new book. At the time of Frank's cancer recurrence, Barbara was governor of Oregon, and Frank was an Oregon State Senatorboth passionately committed to their work and to one another. Together they had faced many challenges, but Frank's impending death would be their final, and perhaps their most trying and enriching journey. The Roberts turned to hospice for guidance and assistance once Frank decided to stop medical intervention. This practical and compassionate guide looks at the personal as well as the societal issues surrounding death and grief. Written for both the individual facing death and for those who must grieve after a death, Roberts offers readers enthusiastic support to abandon the silence that too often accompanies impending death and those who must grieve. Chapter titles include "A Culture in Denial," "Hospice," and "Permission to be Weird."

From Publishers WeeklyAmericans have a lot of attitude about grief; what doesn't work for them is labeled "morbid," "macabre," or "weird." Roberts's overriding message is that there isn't one right way to express sorrow and that people should be allowed to use whatever rituals or comforts they need, for as long as they need, without censure. Formerly governor of Oregon, Roberts tells the story of her husband's death from lung cancer simply, unhesitatingly, and without wallowing in bathos. She chronicles Frank's last days, including their experience with hospice. Most importantly, she shares her own, very personal, secrets of how she mourned. By allowing the reader that access, she drives home her points. Recommended for public libraries and those academic libraries serving social work and thanatology programs. Copyright 2002 Cahners Business Information, Inc. About the Author Barbara K. Roberts serves on the board of trustees for several major organizations in Oregon and Washington. Ann Jackson is the executive director of the Oregon Hospice. Both live in Portland, OR.