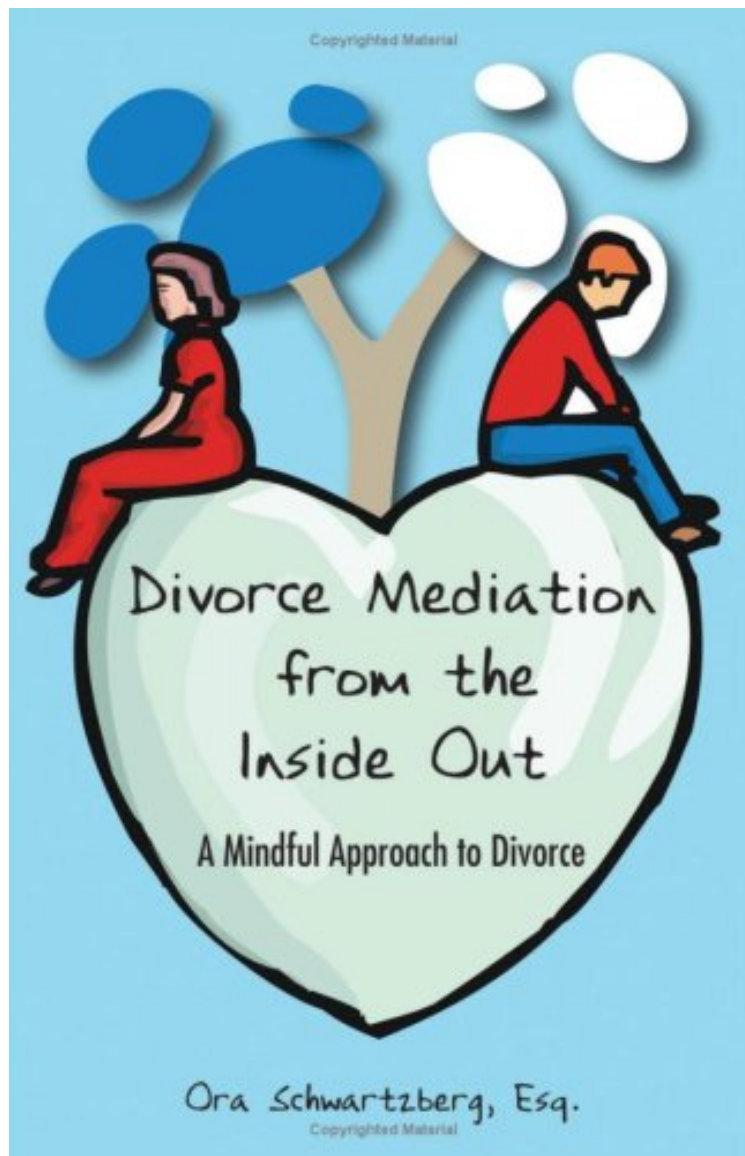


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Divorce Mediation from the Inside Out: A Mindful Approach to Divorce (2009 Expanded Edition)

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If you are like most people who are going through a divorce, you would prefer to keep things civil -- especially if you have children. Unfortunately, even relatively friendly breakups can become acrimonious once the courts get involved. Couples with the best of intentions find themselves paying their attorneys thousands of dollars to haggle over issues that, in the long run, really don't matter. Divorce Mediation from the Inside Out presents a better option for couples who want to get on with their lives. Speaking from years of experience as a divorce mediator, Ora Schwartzberg explains why mediation not only costs substantially less than going to court, but also results in more relevant, fair resolutions. If you want to divorce with dignity and develop a blueprint for a satisfying life after your marriage ends, this book will set you on the right path.