

[Free] Divorce Stress Syndrome: Recognizing causes, consequences, and requirements for recovery - via academic, legal, and celebrity examples

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Scritto da Anonimo

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DIVORCE STRESS SYNDROME

A comprehensive review of divorce: its causes, consequences, and conclusions — drawing upon lessons of 100 celebrities and others



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Scritto da Anonimo : Divorce Stress Syndrome: Recognizing causes, consequences, and requirements for recovery - via academic, legal, and celebrity examples before purchasing it in order to gage whether or not it would be worth my time, and all praised Divorce Stress Syndrome: Recognizing causes, consequences, and requirements for

recovery - via academic, legal, and celebrity examples:

3 of 3 people found the following review helpful. Divorce Stress Syndrome By Dorie Rosenberg
Divorce Stress Syndrome, by Dr. Scritto da Anonimo Reviewed by Dorie Rosenberg, Licensed Marriage Family Therapist In writing Divorce Stress Syndrome, Dr. Anonimo has condensed more than thirty-five years as a divorce attorney and professor of legal studies into one comprehensive volume. The writing is very conversational. It seemed that I was benefitting from listening to him lecture engagingly in class. The three main reasons people get divorced are over money, sex, and poor communication (in that order). Such knowledge would encourage readers to attend to those areas, rather than ignore them or allow resentments to fester. Although I can't imagine a married person reading a book with "divorce" in its title, this sort of information is invaluable for those considering another try at love and remarriage. Ultimately, the message is about the necessity of knowing oneself, being authentic, yet avoiding power struggles. To achieve this, he emphasizes the necessity of learning couple-conflict resolution skills, rather than polarizing into "right" and "wrong" positions. He concludes that when each spouse needs to win, they both lose. I was fascinated by Dr. Anonimo's descriptions of the subconscious dynamics at play when proceeding from a first date to a relationship to marriage - and sometimes, on to divorce. He also carefully uncovered the unconscious dynamics that underly financial tests between dating partners. Money symbolizes and reflects who has more power and control in the relationship, and how it will be shared or managed. Therefore, it is necessary, however unromantic, to openly discuss all money matters while dating. Dr. Anonimo's themes throughout Divorce Stress Syndrome are exemplified by interesting and entertaining stories of divorces of well known people, such as actors and artists. That, and his sense of humor, make this a very gratifying read. I recommend this book to therapists, attorneys, and most of all, the public at large. 3 of 3 people found the following review helpful. Insightful Use of Celebrity Examples By Kirk A valuable resource on a topic of wide relevance and great importance, "Divorce Stress Syndrome" cogently combines academic knowledge (good teaching), with professional and personal experience. Well reasoned and impartial, the book addresses many of the corrosive causes and condemning consequences in relationships, marriages, and even in attempted reconciliations. The author carefully describes underlying sources (not least, resentment and indifference) that seem to contaminate most relationships and many marriages. His insightful use of celebrity examples sustains our interest and enhances our understanding of the principles discussed, helping us realize that even those blessed with notoriety and kismet still divorce. Commentary contributed by the author's two ex-wives adds a delicate seasoning of irony and wit. Ron Kenner, former Metro staff writer, The Los Angeles Times

DIVORCE STRESS SYNDROME (DSS) should be required reading for those contemplating divorce or already involved in the process. It provides single-source reading about the cumulative causes, harmful consequences, and healing requirements to get you through your divorce. The chapters are carefully coordinated and presented in the usual unfolding sequence of divorce. This allows for cumulative coverage of pre-divorce triggering events, brewing emotions and the onset of loss of marital bliss. DSS explains the entire divorce process and provides helpful suggestions for dealing with lawyers, creditors, the ex and his/her support members. You'll soon recognize which divorce circumstances can be changed or resolved and accept realities that cannot be altered. These distinctions, along with recommended proactive coping strategies, provide assistance for dealing with your own divorce demons. Reconciliation alternatives are carefully examined and make clear that sometimes divorce can be halted, if both parties truly desire to resolve their underlying issues, problems, and behaviors. DSS will help you retain your property rights, dignity, and maintain sanity during challenging times. The topics are presented with celebrity public information details regarding their troubled marriages, reconciliation efforts, and innovative divorce settlements. It also addresses questions on post-divorce dating and cautions that one should not rush into a new relationship too fast. Prenuptial, Postnuptial, and Co-habitation Agreements are explained in great detail, along with applicable warnings on palimony and other remarriage related issues. DSS provides GPS guidance for engaged-couples planning their premarital travels and for married spouses searching for available avenues back to their lost happiness.

About the Author His last degree (1972) is from the University of California, Berkeley Boalt Hall School of Law. Drawing upon 36 years of university teaching and research experience, he is highly skilled and effective in reporting pertinent facts, complex legal issues, and lessons learned from contemporary divorce case studies. His three decades of divorce law practice adds to his expertise and competency. This unique, engaging combination of academic aptitude, teaching experience, and specialized legal skills will keep you focused, informed and amused. Being in the classroom helped him in the courtroom; being in the courtroom helped him in the classroom; here, you will benefit from both.