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Don't Roll Your Eyes: Making In-Laws into Family

Ruth Nemzoff

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Ruth Nemzoff

Author of *Don't Bite Your Tongue*



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#1554139 in Books Ruth Nemzoff 2012-09-04 2012-09-04Original language:EnglishPDF # 1 8.50 x .58 x 5.50l, .52 #File Name: 0230338992244 pagesDon t Roll Your Eyes Making In Laws into Family | File size: 15.Mb

Ruth Nemzoff : Don't Roll Your Eyes: Making In-Laws into Family before purchasing it in order to gage whether or not it would be worth my time, and all praised Don't Roll Your Eyes: Making In-Laws into Family:

0 of 0 people found the following review helpful. Glad I read this bookBy DesertgirlI really enjoyed this book as a daughter-in-law trying (and currently failing) to forge a workable relationship with my in-laws. I agree with the

previous reviewer who said that it's not for people who aren't ready to change their own behavior. The author includes many examples that basically get to the main message as I understood it - in each situation, whatever it may be, you have a choice how you will act (or react), and your choices can and will make the relationship better or worse. It's a good reference book for any in-law just in terms of bringing up issues that commonly arise and giving options of how to deal with them. I felt like she brought together the best of mature, balanced advice that one might receive from a wise matriarch or patriarch and made it available to everyone. I appreciated some of her more outrageous examples because she acknowledges that while it may be within a person's rights to react negatively to negative behavior, it's usually not in the best interest of anybody in the long run. I also appreciated her repeatedly asserting that while they do seem to take a lot of work, in-law relationships can be rewarding for all parties through the years. 1 of 1 people found the following review helpful. Decent book
By Lily
This was an easy read. The theme to me throughout is you need to turn the other cheek. Covers a lot of different situations. You can complain to friends or a spouse but really need to control your emotions toward the in-laws to keep peace. Very complex time going through the empty nest and trying not to be competitive, not a lot of concrete answers on how to deal but that differs with personalities. I think life plays a cruel trick in that a lot of us won't be around to see our own kids go through these life adjustments. I think it's very hard for the 2 generations to communicate. The author mentions that in the book. 1 of 1 people found the following review helpful. Making in-laws into Family
By Ann Abram, PhD, LCSW
While addressing universal concerns, Dr. Nemzoff also asks us to see on a very personal level how family relationships can be repaired, resulting in feeling better ourselves and at the same time offering our children positive role models for dealing with family conflict. We give ourselves and our children the gift of learning how to work through difficult family matters. In addition, Dr. Nemzoff gives very specific and helpful hints as to how to go about navigating this sensitive territory.

More than two million couples wed every year in the United States, bringing together a whole new family unit. The extended family may now include a hard to please mother-in-law who criticizes her daughter-in-law's childrearing; or a patriarchal father-in-law who expects all the kin round the dinner table every Sunday; or a new spouse, who a year or decade out, still gets shellshock visiting the in-laws. If that wasn't cause enough for a stiff drink, more than a million couples divorce each year, creating hard to define family structures. How do families handle the inevitable friction and how do they make sense of evolving family relationships? Ruth Nemzoff, an expert in family dynamics, empowers family members across the generations to define and create lasting bonds, including how to:
*Welcome a new in-law from a different culture and religion into your family.
*Not let differences of politics or philosophy impact quality time with the extended family.
*Respond to major life changes in an in-law's life, including financial crises, illnesses, or career changes.
*Retain warm connections with in-laws even amidst divorce and remarriage.
This is a must read for anyone dealing with a difficult in-law as well as anyone who will soon be welcoming a new member to their family.

Offering plentiful composite case studies, the fair-minded, inclusive, and congenial Nemzoff doesn't promise quick solutions and realizes some problems are unsolvable, but she focuses on helpful ways to improve relationships that with time and effort can be fixed. Publishers Weekly
Family therapists know that the main difference between humans and animals is that humans maintain relationships with their in-laws. Ruth Nemzoff's *Don't Roll Your Eyes* is a trenchant and insightful exploration of that species-specific behavior. Brad Sachs, PhD, author of *Emptying the Nest*
Indispensable advice! Ruth Nemzoff's recipe for healthy in-law relationships rests on impeccable research and a wealth of real-life experience, but it is also well-seasoned with a depth of wisdom and common sense that is truly exceptional. Her straightforward strategies make this book the perfect wedding gift--not just for the bride and groom but for their parents and siblings too. Gina Stepp, Family and Relationships Editor, Vision Media
Ruth Nemzoff thinks wisely and deeply about family connections. She presents a carefully nuanced consideration of this oldest of topics. *Don't Roll Your Eyes* has something to teach everyone. It would make a wonderful gift to any family member and is an essential addition to the bookshelf of any professional working with families. Judy Osborne, author of *Wisdom for Separated Parents*
With her characteristic wisdom and wit, Ruth Nemzoff treads into the minefield of in-law relationships, from extended families to grandchildren, money, religion, and myriad other issues. She offers examples and expert advice to help us keep in-laws from turning into out-laws. An indispensable field guide for generations on both sides of the in-law divide. Mary W. Quigley, www.mothering.21.com, NYU professor and author
Dr. Nemzoff's clarity and candor, wit and wisdom really shine through. She is not afraid to tackle any issue, any modern permutation of the extended family in the 21st century. Joan Wise, former general counsel AARP
About the Author
Ruth Nemzoff is the author of *Don't Bite Your Tongue*, and a popular speaker on the topic of parenting adult children and family dynamics, including at the AARP. Ruth was profiled or interviewed for many national and local papers and radio and television, including *The Boston Globe*, *The Wall Street Journal*, *USA Today*, *Jewish Advocate*, and *InterFaith Family*. She is a resident scholar at Brandeis University's Women's Studies Research Center, and lives in Boston, MA.