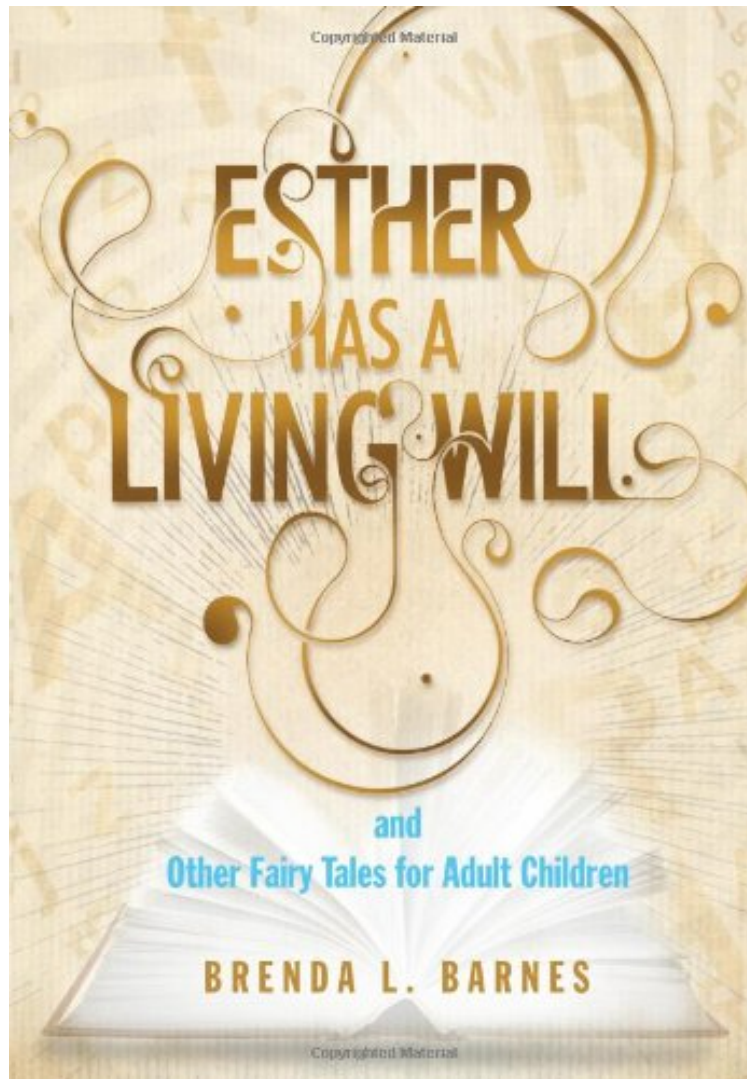


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# Esther Has a Living Will and Other Fairy Tales for Adult Children: The Essential Health Care Preparedness Guide for Adult Children of Aging Parents

*Brenda L. Barnes*

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**Brenda L. Barnes : Esther Has a Living Will and Other Fairy Tales for Adult Children: The Essential Health Care Preparedness Guide for Adult Children of Aging Parents** before purchasing it in order to gage whether or not it would be worth my time, and all praised Esther Has a Living Will and Other Fairy Tales for Adult Children: The Essential Health Care Preparedness Guide for Adult Children of Aging Parents:

3 of 3 people found the following review helpful. A must read for everyone with aging parents  
By Pop Psych  
I am a healthcare provider and I am recommending this book to all of my patients caring for aging family members. Indeed this well written, easy to read book will be of great help to anyone planning their own medical care.

Where do adult children find information on aging parents? Doctors are not patient educators. Well-meaning friends may have the wrong information. Federal laws have changed in the past month. *Esther Has a Living Will and Other Fairy Tales for Adult Children* is the one health care preparedness handbook devoted exclusively to help adult children know how to help aging parents before an emergency arises. Adult children are often surprised that there are limitations to their participation in their parents' health care and at the level of their parents' health care planning. Through a series of illustrative fairy tales (case studies), adult children become familiar with topics such as patient autonomy, privacy, safety, consent, advance directives, discharge planning, capacity, guardianship, palliative care, and end-of-life care. Complex legal, medical, and ethical information is distilled into a single, easy-to-read volume designed to facilitate inter-generational health care planning. Guidelines as to how and when to ask for assistance as well as sample health care forms are provided. Completely up-to-date. Includes the 2010 Patient Protection and Affordable Care Act.

Vignettes effectively balance the emotional and pragmatic difficulties of making sound decisions and resolving conflicts; an excellent resource for families as well as health professionals. --LLDavis, PhD, Center for Aging, Duke University  
The chapter regarding Patient Safety is clearly written and an excellent resource for patients and their families. --Mary Salisbury, RN, MSN, President, Cedar Institute and Investigator, US Dept of Defense Patient Quality, Safety Efficiency Team  
About the Author  
Brenda L. Barnes is a New York attorney. She received her bioethics training at Montefiore Medical Center/Albert Einstein College of Medicine.