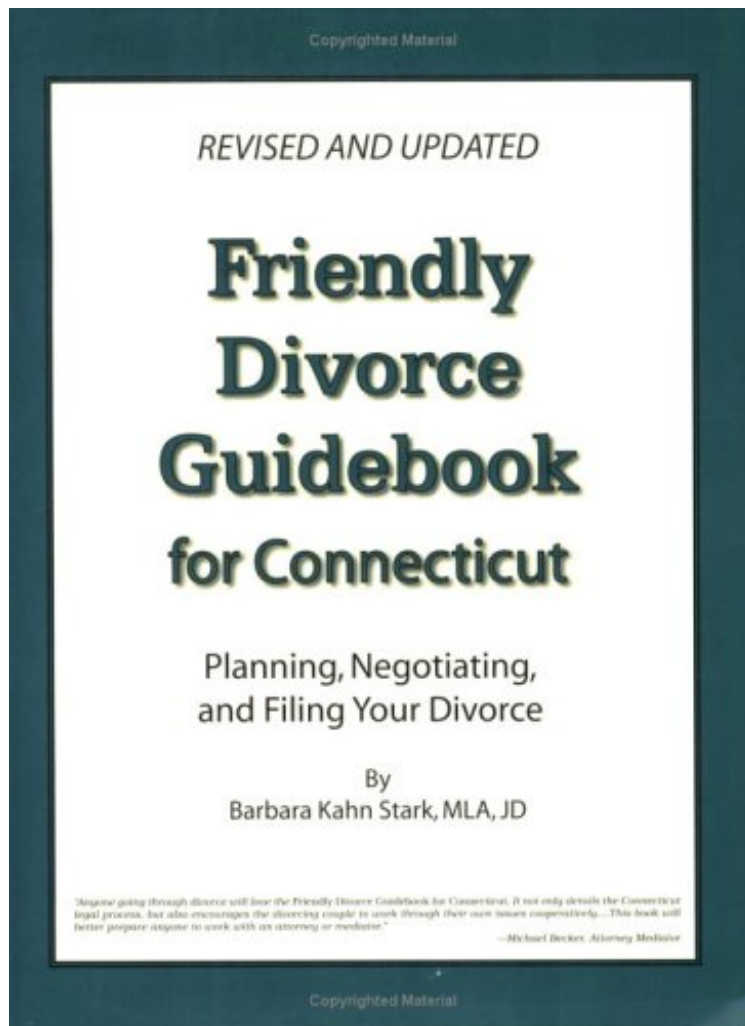



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## Friendly Divorce Guidebook for Connecticut: Planning, Negotiating, and Filing Your Divorce

Barbara Kahn Stark

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**Barbara Kahn Stark : Friendly Divorce Guidebook for Connecticut: Planning, Negotiating, and Filing Your Divorce** before purchasing it in order to gage whether or not it would be worth my time, and all praised Friendly Divorce Guidebook for Connecticut: Planning, Negotiating, and Filing Your Divorce:

3 of 3 people found the following review helpful. A difficult process made easier by this bookBy vegetarian xDivorce is messy. Divorce is scary. This book will guide you through every stage of the process, from deciding whether to divorce, all the way to starting your new life post-divorce. Anyone considering or already immersed in a divorce in the state of Connecticut should have this book as a reference.My spouse and I did not know whether we wanted to mediate or collaborate; after reading one chapter we went the collaboration route. (The info on litigated/contested divorce kept

us on the path to collaboration!)Ms. Stark writes clearly concisely. The chapters are well organized to follow the chronology of a divorce. Frequent icons in the margins call attention to certain aspects of your decision making and give advice on the steps involved. The layout is clean and highly readable.Many references in the back of the book help one find support, services, and materials to get you through. I purchased three other divorce books at the same time, but found myself relying on this one alone.Consider this a necessity. Consider this helpful even if you don't live in Connecticut!0 of 0 people found the following review helpful. Full of useful information.By dogmamaVery helpful. Full of useful information.15 of 16 people found the following review helpful. Amazingly helpful!By A CustomerMs. Stark's book offers both efficiency and compassion as she helps divorcing couples work through the process. Her information is accurate and precise. The advice she provides will enable reasonable people to find resolutions to many of the natural flashpoint issues natural to divorce.Besides outlining the value of the mediation process in reaching closure and saving money, Stark provides a step-by-step how-to guide. Just as important, she offers an overview of the psychological stages of divorce that offers reassurance and preparation.As a person using this book myself, I can recommend it to other Nutmeggers who find themselves needing to end a marriage. Doing so is always painful; Stark offers a guiding hand to help manage this passage.

What You Need to Know About Getting a Divorce in Connecticut A great how-to book for people who are going through a divorce. Whether you work with an attorney or a mediator or choose to do your divorce yourself, this guidebook will answer your questions about divorce. Friendly Divorce Guidebook for Connecticut helps you understand your options and emotions, leading you through the decision making process, the legal system, negotiations, separation, finances, paperwork, and dealing with issues such as children, homes, and taxes.

Anyone going through divorce will love the Friendly Divorce Guidebook for Connecticut. The checklists are great tools for empowering couples. -- Michael Becker, Attorney Mediator, President, Connecticut Council for Divorce Mediation, October 2003I recommend this book to everyone who consults with me on dissolution or legal separation. -- Judith Dixon, Attorney, President, Litchfield County Bar AssociationThis is the best book to come on the market for persons doing their own divorce. I highly recommend it. -- Eliot J. Nerenberg, Attorney at Law, Past Chair, Connecticut Bar Association Family Law SectionFrom the PublisherGetting a divorce may seem overwhelming. But the Friendly Divorce Guidebook for Connecticut cuts through the chaos of divorce to put you in control. This book will help you understand: Your emotions. Emotions run high during a divorce and this book tells you what to expect, how to handle the stress, and when to get extra support or help. Your soon-to-be ex-spouse. This book encourages you to work with-not against-your spouse. Understanding each other's needs and desire now make it less likely that there will be problems in the future. Checklists and other exercises make it easy to figure out what is important to each of you. Your children. This book includes tips on how to tell your kids about the divorce, how to be a good parent throughout the divorce process, and how to include your kids in making decisions. There's also a section on figuring child support and the Connecticut child support guidelines. The options. There are sections on different ways to divide property, decide custody and visiting rights, calculate alimony, and even a chapter on how your divorce will affect your income tax payments. Examples make it easy to see how different arrangements might or might not work for you. The paperwork. This book includes sample forms and step-by-step instructions for filling out these forms. The process. This book will walk you through the steps necessary to get a legal divorce, from making the decision to enforcing your agreement after the divorce has been approved. If you've hired a lawyer, this book will give you the knowledge you need to be active and involved in your divorce process. If using a mediator, this book will guide you through a friendly and educated decision-making process. This book also contains all the forms and information needed to approach the divorce process on your own. Whatever your plan, this book will give you the understanding to get through your divorce and move toward a better future.About the AuthorBarbara Kahn Stark, MLA, JD Barbara Kahn Stark is a divorce mediator and certified divorce planner in private practice in New Haven and Norwalk, Connecticut. A fellow of the American Academy of Matrimonial Lawyers, Ms. Stark is also co-author of *The Divorce Practice Handbook: Skills and Strategies for the Family Lawyer* (Michie, 1994). She is the past president and founding member of the Connecticut Council for Divorce Mediation and a founding member of the Connecticut Collaborative Divorce Law Group. A nationally recognized speaker, Ms. Stark frequently lectures to professional and lay audiences on topics related to the financial aspects of divorce.